



vocational guidance based оп N. F. Education









# Welcome to the First DIGIVOGUI Newsletter!

We are thrilled to bring you the primary edition of the DIGIVOGUI newsletter! As we embark on this exciting journey, our aim is to keep you informed and engaged with the latest updates, events, and milestones of our project. DIGIVOGUI is dedicated to empowering youth through digital tools and virtual exchanges, fostering personal and social competencies for a brighter future. Join us as we take a closer look at our project's progress and upcoming activities.

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# ABOUT Diaivoaui

The DIGIVOGUI project is a Virtual Exchange that aims to develop the personal and social competences of youngsters, providing them with the tools necessary for active and participatory citizenship, and informed action. We strive to empower youngsters for better life perspectives on personal, social, educational, and professional bevils. Dur project is based on three main strands:

- Theoretical, Conceptual, and Methodological Development: Developing interventions with youngsters at this level.
- Training for Youth Workers: Preparing and structuring trainings for youth workers to empower them properly.
- Interactive Open Online Course for Youngsters: Allowing youngsters to develop their personal and social competences.

Overall project objective: Empower youngsters to promote their social and/or professional inclusion through transnational cooperation, professional development of youth workers, and development of personal and social competences.

### Meet the implementing partners

Lead organization:

 PSIENTÍFICA - Psientifica Associacao Para A promocao e Desenvolvimiento Social", Aqueda, Portugal

#### Partner organizations:

- I. Artistic Pedagogic Youth Organization "Schedia stin poli", Thessaloniki, Greece
- Bosnian Representative Association for Valuable Opportunities (BRAVO), Sarajevo, Bosnia-Herzegovina
- 3. Centre Progress and Development (CPD), Tirana, Albania

# PROJECT HIGHLIGHTS

## Kick-off event in Agueda, A

- First face to face meeting of all partners.
- Organized and agreed on the plan of action for the next 3 years
- Explored Psientifica's operations and meet with staff and volunteers.

### Regular Online Meetings

- Discussed project progress and aligned next steps.
- Set up arrangements for elaboration of the deliverables and milestones
- Trained members and volunteers on project implementation
- Research focused on personal and professional development of young people

### 2nd transnational working session in Albania

- Monitoring Project Progress
- Empowering Initiatives
- Theoretical and Practical Manuals



- Future Planning
- Building Relationships



## Upcoming events:

- InfoDays: September 2024 to present and disseminate project achievements.
- Educational Platform
  Preparation: Implement
  educational programs in 2024 and
  2025 in all partner countries.
- Training of Youth Workers: Enhancing skills and methodologies.

### Other Spotlights:

- #1 Theoretical Manual.
  This manual covers the theoretical
  contestualization of the competences to be
  developed, explores the methodology of
  non-formal education, and highlights key
  concepts.
- #2 Practical manual
  This manual includes thematic contents, detailed
  methodologies, an exploration of each
  competence, and practical methods and tools on
  how to effectively work in each area.
- #3 Massive Open Online Course (MOOC)
  Content for a cycle of 10 open educational
  programs MOOCs (Massive Open Online Courses)
  focused on vocational guidance for young people
  and the skills they need.

## EDUCATIONAL CORNER

## Do you know what MOOCs are?

MODCS, or Massive Open Online Courses, are a significant trend in online education, offering learners a flexible and accessible way to learn new skills. These courses are designed to be available to a large number of participants, often for free, and cover a wide range of subjects. MODCs are created by universities, educational institutions, and industry experts, providing high-quality content that is easily accessible. They allow learners to study at their own pace, connect with a global community of peers, and gain valuable knowledge and certifications that can enhance their personal and professional development. By leveraging digital tools and interactive platforms, MOCS make education more inclusive and equitable.

## Importance of vocational guidance

Vocational guidance plays a crucial role in helping adolescents and young adults explore their abilities, interests, and career aspirations. It provides structured support and resources to help them make informed decisions about their educational and professional pathways. Effective vocational guidance can help individuals identify their strengths, set realistic career goals, and develop the skills needed to achieve them. It also exposes them to various career options and the demands of different professions, enabling them to make choices that align with their personal values and interests. By facilitating informed career choices, vocational guidance contributes to higher job satisfaction, better job performance, and overall life fulfillment.

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# Connection between skills and professional development

Understanding the difference between hard and soft skills is essential for personal and professional growth. Hard skills are technical abilities and knowledge specific to a particular job or industry, such as programming, data analysis, or accounting. These skills are often acquired through formal education, training programs, or on-the-job experience and are usually measurable and quantifiable.

On the other hand, soft skills are interpersonal and behavioral skills that enable individuals to interact effectively with others and navigate the worpplace environment. Examples of soft skills include communication, teamwork, problem-solving, time management, and emotional intelligence These skills are orthical for building relationships, managing conflicts, and leading teams.

Both hard and soft skills are crucial for career success.

# ABOUT US

Psientifica Associacao Para A promocao e Desenvolvimiento Social (PSIENTIFICA)

Psientifica was founded on the conviction that social promotion and development, particularly for young people, contributes to the consolidation of sustainable development alternatives that are fairer, more equitable, more participatory and more inclusive.

Psiontifica sees it self as a social entrepreneurial organization seeking to create added social value and opportunities for intervention and innovation and is set up as a non-profit association.

Together with Águeda Municipality, is responsible for the coordination of Águeda Youth Center, a dynamic space open for all young people in Águeda and the surrounding with the intent to disseminate information about European and national

opportunities next to young people and promote conditions for their empowerment in various fields

#### Bosnian Representative Association for Valuable Opportunities (BRAVO)

BRAVO is a distinguished non-profit, non-governmental organization dedicated to advancing entroprenouship, knowledge & civil society development through innovative learning approaches. Contrad on principles of tolerance, democracy, diversity, voluntariness, and openess, BRAVO fosters partnerships across private, public, and civil soctors to promote community development.

With a focus on 21st-century \$485, BRAND prioritizes doubtarton for youth, invests in entreprenousish and innovation, and champions non-formal adulation. Their orthosis works pass devices fields inculding luman Rights Anth-Trafficking, Gender Equatity, Sports, Tochnology, and Humanitarian Antons. They anagon in national and international projects, support initiatives against orine and corruption, and originges and migrants, and promote creativity through various modile.

Through numerous activities, BRAVO actively contributes to society by organizing events, providing consultancy, and managing projects that address contemporary challenges such as falso news and social inclusion.

### Artistic Pedagogic Youth Organization "Schedia stin poli" (SXEDIA)

The Artistic Pedagogic Vorth Organization "Schedal ship poli" (lat "Reff in the sity") was created in The school ship poli" (lat "Reff in the sity") was created in Theosachalki in 1994 as an informal group and in 2007 took the logal from of a non-profil organization. Its mission is to promote inclusion, contribute to the ampowement of children and raise awareness of the school and wider community on current social and environmental issues through the arts, opportential learning and non-formal education.

It is inspired by the principles of sustainable development, human rights, sustainability and innovation. "Schodia Sim poll" is a point of reference in Thessaloniik for aducational projects for children, youngsters and youth, empatitizing with fewer opportunities. Through these actions, it tries to promote good aducational practices and to contribute to positive changes in our society. It collaborates with many public and private institutions and organizations in Groece and abroad.

### Centre Progress and Development (CPD)

CPD is an independent, non-governmental organization, founded in July 2016 In Tirana, Albania. CPD work contres around addressing important societal challenges for the most vulnerable, and focuses its efforts and actions on social & economic advancement aimed at improving quality of life.

CPD fulfills its mission to guide the efforts of equitable and sustainable development for people to develop into trivining and responsible members of society by efforing holistic programs, applying interdisciplinary research and community sortices, enriching the whole community with the final aim of improving quality of life for all.

CPD engages stateloiders' groups in activities that place an emphasis on activioning a better and more viable future for all — research and policy analysis, develop and build human capacities and resources, networking and advocacy to shape and institutionalize development changes.

# DIGIVOGUI

# Stay Connected



### PSIENTIFICA:

Website: www.psientifica.org FB page: Centro de Juventude de Águeda 1G page: Centro de Juventude de Águeda

### SXEDIA:

Website: www.sxediastinpoli.gr FB page: Sxedia stin poli IG page: sxediastinpoli

#### **BRAVO**

website: https://bravo-bih.com/

FB page: BRAVO - Bosnian Representative Association for Valuable Opportunities IG page: bravo.bih

### CPD:

FB page: Center Progress & Development / Gendra Progress dhe Zhvillim 1G page: opd.apzh (Gendra Progres dhe Zhvillim)

### Contact Us:

Have questions or want to get more involved? Email us at

ana.moutas@psientifica.org or daniela.costa@cjagueda.pt

## #DIGIVOGUI #ConnectLearnGrow

Stay tuned for more updates as we continue our journey together!